



ISA DANCE COMPETITION

Open to KS2 - KS5

Final: Friday 19 March 2027

Reddam House Berkshire, Wokingham, RG41 5BG



DEADLINE

Wednesday 25 November 2026

isaschools.org.uk | isaarts@isaschools.org.uk
Competition open to ISA Members Schools only

Beyond artistic and expressive skills, dance allows students to develop social skills such as autonomy and initiative, collaborative work, perseverance and self-motivation which are all very important to learning.

Year Groups and Eligibility

Only schools whose Head is a Member with ISA are eligible to enter ISA competitions. Any pupils competing must be on the main school's admissions register, on the date of the event.

Our year groups follow the UK National Curriculum. For guidance on selecting the correct year group for your student(s), please refer to the UK system [here](#). When completing your application, please enter students according to the UK year group, even if your school uses a different age or stage structure.

Access and Inclusion

At ISA, we are committed to making our opportunities as accessible as possible. We warmly welcome applications from all students, including those with learning difficulties or disabilities.

If a student (including those with an EHCP or on the SEND register) is working at a level that does not align with their chronological year group, or if your school prioritises developmental stages, skills, or personalised progression rather than fixed year groups, please do get in touch with us at the following email address hannah.lovegrove.campion@isaschools.org.uk. We are happy to discuss individual circumstances and advise on the most appropriate way to apply.

Accessible Formats

Alternative formats of these guidelines are available on request. Please let us know as early as possible if you require this, so we can provide the information in a format that works for you.

Competition Format

The first stage of this competition consists of an online qualification round. Successful entries will be invited to the final on **Friday 19 March 2027, Reddam House Berkshire, Bearwood Road, Sindlesham, Wokingham, RG41 5BG.**

Late cancellations cause considerable inconvenience to the organisers and prevent other schools from taking part. All entries received will be regarded as a definite commitment to attend the final if successful.

Judging criteria

- Choreography: Creativity & Musicality, Difficulty, Formation & Transition
- Technique: Movement & Placement
- Execution: Spacing, Synchronisation (if group performance), Timings & Basic Rhythm
- Impression: Energy, Dynamism, Costume, Music, Communication & Projection

If you have any questions, please contact isaarts@isaschools.org.uk

HOW TO ENTER

Entries must be submitted via the online form on the ISA website [here](#) by **Wednesday 25 November 2026** at the latest. Please note you will need to be logged in to your account to access the entry form.

- For video entries, **students must say their name** (individual entries) **and school at the beginning of the recording**. The time limit will start from the beginning of the performance not at the start of the recording.
- All videos **must feature the same students** (and same number of students) that will perform in the final, if selected.
- **A working URL link must be given** for the video and accessible for at least 3 months, without a required password. ISA will not accept any files to download or links via SharePoint. Please ensure to check sharing permissions with your school:
 - YouTube videos will need to be **unlisted**
 - Vimeo videos will need to be **unlisted** and **age rated**
 - Google Drive will need to be set to **anyone with the link**
 - OneDrive needs to be set with **share link to anyone**

The videos are only for judging purposes and will not be shared elsewhere

COMPETITION CATEGORIES

Schools can submit a **maximum of 4 entries per age category (Junior, Middle & Senior)**. Therefore, all schools can submit **12 entries in total**. Groups with mixed ages must be entered into the age category of the oldest student. Schools can submit **solo, duet or group** performances.

We encourage schools to run a competition in house and submit their best entries.

Please note: For judging purposes, the year groups might be combined as following:

Junior (Year 3 to 6)

Middle (Year 7 to 9)

Senior (Year 10 to 13)

Rules

- The maximum duration for each entry is **3 minutes, 30 seconds**.
- Maximum number of **20 performers for the groups**.
- Each student must perform only in their relevant age group they will be in for the deadline of the competition.
- **AI generated entries will not be allowed in the competition.**
- Students must perform the same dance in both rounds.
- Entries previously submitted to ISA Arts Competitions will not be accepted.
- All dance styles are welcome, including (but not limited to) Jazz, Tap, Ballet, Street Dance, Freestyle, Traditional and Contemporary.