

ISA East Anglia Regional Competition Dates 2023-24

<u>Event</u>	<u>Date</u>	<u>Venue</u>	<u>Age Group</u>	<u>Gender</u>	<u>Time</u>	<u>Organisers Name</u>	<u>Email</u>	<u>School</u>
EA Junior Swimming	Thursday 5 th October	Crown Pools Ipswich	Yr 4 - 6	Mixed	12:00 to 15:30	Adam Dowson	adam.dowson@colchesterhighschool.co.uk	Colchester High School
EA U10 Boys Football	Thursday 12 th October	Alleyn Court	U10	Boys	10:00 to 14:00	Noel Smith	nsmith@alleyn-court.co.uk	Alleyn Court
EA U9 Boys Football	Friday 13 th October	Alleyn Court	U9	Boys	10: to 14:00	Noel Smith	nsmith@alleyn-court.co.uk	Alleyn Court
EA Senior Swimming	Thursday 9 th November	Crown Pools Ipswich	Yrs 7 - 11	Mixed	10:00 to 13:30	Adam Dowson	adam.dowson@colchesterhighschool.co.uk	Colchester High School
EA Junior Table Tennis	Monday 13 th November	Stoke College	U11	Mixed	TBC	Josh Evans	j.evans@stokecollege.co.uk	Stoke College
EA Senior Table Tennis	Monday 13 th November	Stoke College	TBC	Mixed	TBC	Josh Evans	j.evans@stokecollege.co.uk	Stoke College
EA U13 Netball	Tuesday 30 th January	Ipswich High School	U13	Girls	10:00 to 15:00	Rebecca Stewart	marc.holland@saintpiereschool.co.uk	Ipswich High School
EA U11 Netball	Friday 1 st March	New Hall School	U11	Girls	11:00 to 15:00	Scarlett Robb	S.Robb@newhallschool.co.uk	New Hall
EA u9 Football	Thursday 8 th February	Alleyn Court	U9	Boys	11:00 to 16:00	Noel Smith	nsmith@alleyn-court.co.uk	Alleyn Court
EA Junior Football	Wednesday 14 th February	Alleyn Court	U11	Boys	11:00 to 16:00	Noel Smith	nsmith@alleyn-court.co.uk	Alleyn Court
EA Junior & Senior XC	Friday 16 th February	Finborough	Yrs 4 - 11	Mixed	11:00 to 15:00	Darry Chapman	dchapman@finborough.school	Finborough
EA U10 Girls Netball	Wednesday March 19 th	Ursuline	U10	Girls	11:00to 14:00	David Lewis	pe@ursulineprepwarley.co.uk	Ursuline
EA U11Tag Rugby	Thursday 25 th April	Woodlands, Great Warley	U11	Mixed	TBC	Robert Stanley	Robert.Stanley@WoodlandsSchools.co.uk	Woodlands
EA Senior Athletics	Thursday 14 th May	Cambridge	Yrs 7 - 13	Mixed	11:00 to 15:30	Grace Grindrod	grace.grindrod@sanctonwood.co.uk	Sancton Wood
EA Junior Athletics	Monday 3 rd June	Melbourne Athletics Track	Yrs 4 - 6	Mixed	11 to 15:30	Marc Holland	marc.holland@saintpiereschool.co.uk	TBC