

# ISA National Cross Country Finals

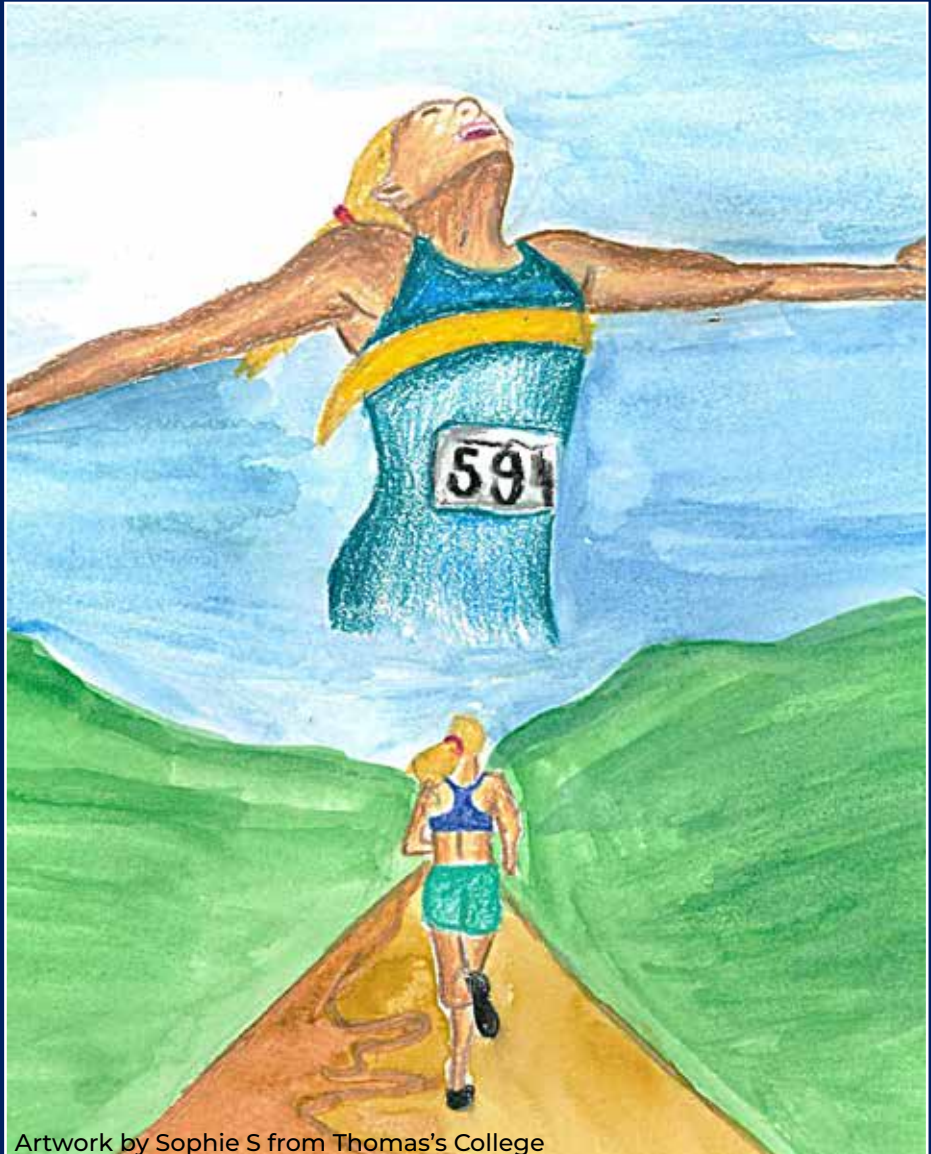
Himley Hall, Dudley  
Saturday 28 February 2026

ISA  
INDEPENDENT  
SCHOOLS  
ASSOCIATION

Sponsored by



**PERFORMANCE  
RUNNING**



Artwork by Sophie S from Thomas's College

## Welcome from ISA Sport

A very warm welcome to the ISA National Cross Country Finals 2026!

It is an honour to welcome everyone to Himley Hall, a stunning new venue for this year's event. We are excited to watch the best young runners from each of the seven ISA areas compete here today. Regardless of the outcome, individuals should feel proud to have come this far and should enjoy competing in the picturesque grounds of Himley Hall. Many thanks to John Allez, Himley Hall Park Manager, who has been a great help with the organisation of today's event.

A special thanks to the Clerk of the Course and ISA Ambassador Gwil Price for his invaluable involvement and commitment. This event would not be possible without his experience, knowledge and planning of the course that you are about to compete on.

We would also like to thank the ISA Sports Coordinators and Team Managers in each of the seven ISA regions for their contributions and commitment to making events like this memorable for all. They work tirelessly year-round on a voluntary basis, alongside full-time teaching within ISA schools, overseeing the sports provision in their region. Without their help, we would not have the qualifying events leading up to today.

We are thrilled to have GB athlete Alex Bell award medals to podium winners today! Read all about Alex's impressive athletics journey later in this programme.

Look out for our event sponsor Activate Camps who will be offering discounted prices on their 2026 summer camps. One lucky medallist today will be drawn out of a hat and receive a FREE place on a Performance Running Camp this August. You can read more about this prize later in the programme.

## Recognising our officials

A fantastic team of officials are with us here today, all of whom have given up their time to ensure the event takes place in a well organised, professional and safe manner.

A special thank you to Noel Butler, our Referee today, who will be overseeing the proceedings with his vast knowledge and expertise.

## Thank you, Tettenhall College

We would like to extend a special thanks to staff and students of Tettenhall College, who have volunteered their valuable time to help with the running of today's event. Thank you to all involved!

## Event Information

**Registration:** 10.30am – 11.30am

**Course familiarisation:** 11.00am - 12.15pm (**do not walk on the course**)

**First race:** 12.30pm

### Parking

There is hard standing parking on site. Car parking charges will apply (pay and display).

### Facilities

Changing rooms are not available and runners should come ready to race. Toilets are located on site. Athletes must **NOT** rinse shoes in the toilets.

### Race Briefing

Meet at the race briefing area 5 minutes before your start time. Runners will move into the start pens 2 minutes before the race.

### Results

Given the nature and complexity of the event, results on the day can take time to be checked and approved. Consequently, this may mean a delay with the race results. Please do not expect these to be published instantly.

### Presentations

- Medals will be awarded to the top 3 finishers at the end of each race.
- Team awards will be calculated using a combined placing of juniors, seniors, and overall. These results will be calculated and published after the event.

Junior Races: 10 competitors from each Area (6 count towards team points)

Senior Races: 10 competitors from each Area (4 count towards team points)

### First Aid

Medical Solutions is the official medical provider for this event. First aid points can be seen on the course map and an ambulance will be visible on site.

### Refreshments

Food and cold drinks may be purchased from the food vans outside. Hot drinks are available only in the café in the main house.

### Photography

Mike McSharry Photography will be in attendance. More details can be found on page 8 of this programme. If you do not wish for your photo to be taken, please inform your Team Manager at registration.

### Merchandise

Fine Designs will be selling bespoke event hoodies and Start Fitness will be selling running apparel and footwear.



Event Results



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Event Results



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## Area Information

Area	ISA Sports Coordinator	Colour
London South	Graham Herbert	Red
Midlands	Sarah Dicksee / Neil McCollin	Black
South West	Simon Ward	Green
East Anglia	Marc Holland	Orange
London North	Sophie Martin	Yellow
North	Nick McMahon	Blue
London West	Kevin Long	Sky Blue

## Event Staff

Meeting Organisers Emily Ward and Neave Wilson (ISA)  
 Clerk of the Course Gwil Price MBE  
 Presentations Alex Bell (GB Athlete)  
 Announcer John Price (ISA Regional Ambassador)  
 VIP Helen Stanton-Tonner (ISA Director of Education)

Referee Noel Butler  
 Assistant Referee James Terry  
 Starter Bob Cooper  
 Start Coordinator Richard Carney  
 Start Colin Fox  
 Start Dave Bennett  
 Chief Course Marshal Tom Foulerton  
 Course Marshal Jimmy Dutch  
 Course Marshal Dave Owens  
 Chief Line Judge Barry Dorrity  
 Chief Timekeeper Ruth Dobbins  
 Timekeeper Peter Williams  
 Finish Coordinator Noel McKakly  
 Finish Recorder Miriam Dorrity  
 Finish Recorder Pat Carlan  
 Finish Denise von Roretz  
 Finish Kwadwo Mensah  
 Podium Coordinator Manola Restivo

Student Volunteers Tettenhall College

Results Race Timing Solutions

## Look out for Alex Bell at the podium!

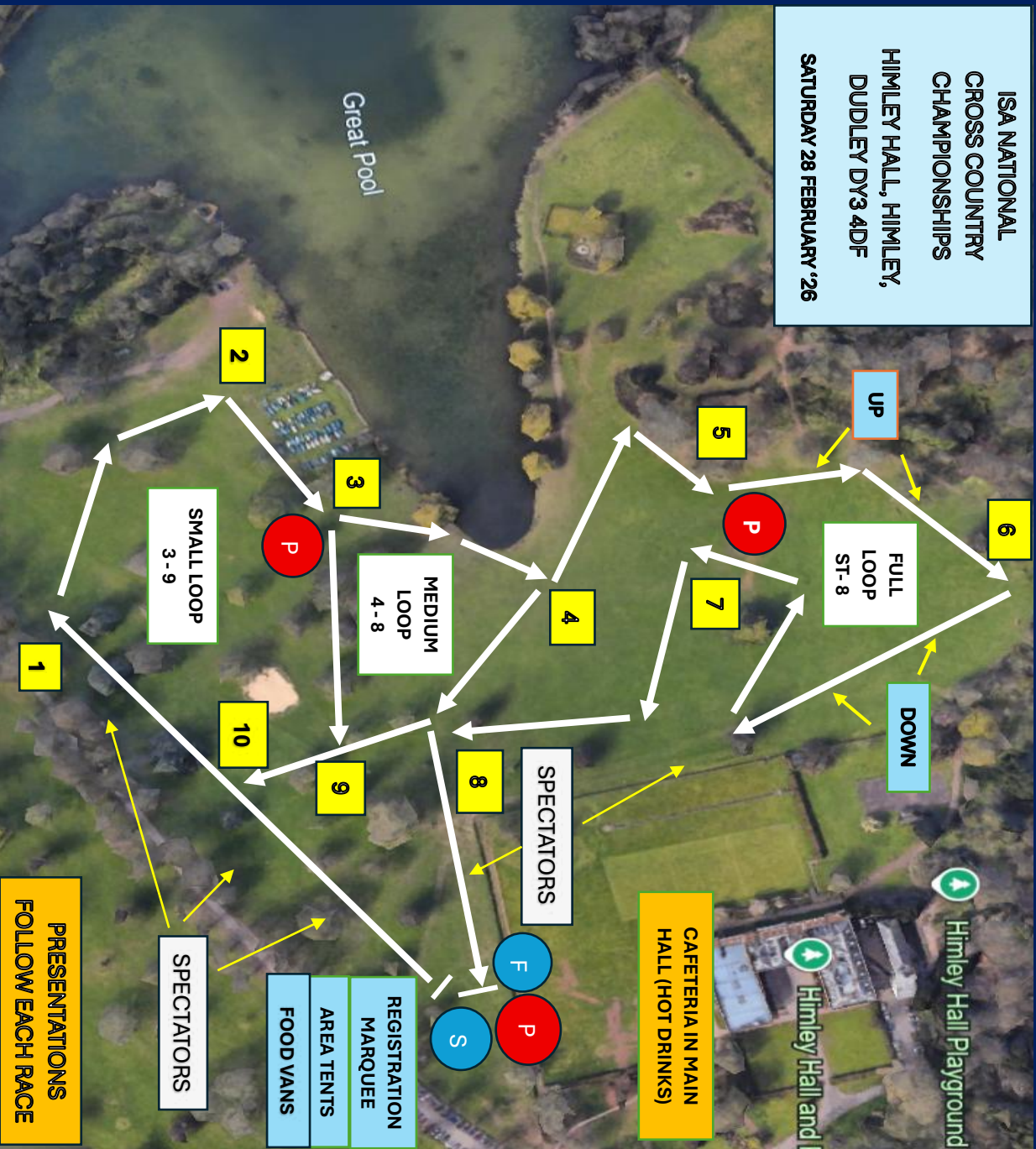


- Olympic 800m finalist in Tokyo
- 7th fastest all time 800m
- UK record holder in the road mile
- 2 x Commonwealth finalist
- European finalist
- 2 x European XC champion
- First British woman to break 2 minutes for the 800m in an all-female race

Follow Alexandra Bell on X (@alexbell92)



ISA NATIONAL  
CROSS COUNTRY  
CHAMPIONSHIPS  
HIMLEY HALL, HIMLEY,  
DUDLEY DY3 4DF  
SATURDAY 28 FEBRUARY '26



TIME RACE	COURSE	DISTANCE	LOOPS
1 12.30 4 G	S-1-2-3-4-5-6-7-8-F	1450m	(1 x full loop)
2 12.45 4 B	S-1-2-3-4-5-6-7-8-F	1450m	( " " " )
3 1.00 5/6 G	S-1-2-3-9-10-1-2-3-4-5-6-7-8-F	1860m	(1 x small, 1 x full loop)
4 1.15 5/6 B	S-1-2-3-9-10-1-2-3-4-5-6-7-8-F	1860m	( " " " " )
5 1.35 7 G	S-1-2-3-4-5-6-7-8-9-10-1-2-3-4-5-6-7-8-F	2700m	(2 x full loops)
6 1.55 7 B	S-1-2-3-4-5-6-7-8-9-10-1-2-3-4-5-6-7-8-F	2700m	( " " " " )
7 2.15 8/9 G	S-1-2-3-9-10-1-2-3-4-5-6-7-8-9-10-1-2-3-4-5-6-7-8-F	3200m	(1 x small, 2 x full)
8 2.35 8/9 B	S-1-2-3-9-10-1-2-3-4-5-6-7-8-9-10-1-2-3-4-5-6-7-8-F	3200m	( " " " " )
9 2.55 10/11 G	S-1-2-3-4-8-9-10-1-2-3-4-5-6-7-8-9-10-1-2-3-4-5-6-7-8-F	3600m	(1 x med, 2 x full)
10 3.15 10/11 B	S-1-2-3-4-5-6-7-8-9-10 (twice)	-1-2-3-4-5-6-7-8-F 4200m	(3 x Full)

- ALL RUNNERS TO REPORT TO MARSHALLS IN 'HOLDING AREA 5 MINUTES BEFORE RACE - DO NOT REMOVE 'WARM' CLOTHES. 2 MINUTES BEFORE START RUNNERS WILL MOVE TO PENS FOR FINAL BRIEFING.
- UNDULATING GRASS PARKLAND COURSES: DISTANCES ARE APPROXIMATE. SPIKES/TRAINERS/BOOTS

**SMALL LOOP** 3 TO 9, 10 YRS 5/6 - (RACES 3 - 4) AND YRS 8/9 (RACES 7 - 8)

**MEDIUM LOOP** 4 - 8, 9, 10 YEARS 10/11 G (RACE 9) OPEN GIRLS (RACE 11)

**FULL LOOP** START - 1-2-3-4-5-6-7-8- FINISH 2 x FULL LOOPS: START - 1-2-3-4-5-6-7-8-9-10-1-2-3-4-5-6-7-8 - FINISH.

NUMBERS 1-10 ARE ON YELLOW SIGNS PLACED ON THE COURSE.

PARAMEDIC BASES x 3 NOTE: HOT DRINKS CAN ONLY BE PURCHASED FROM THE CAFE IN MAIN BUILDING



## Photography Services ISA Cross Country Finals 2026

Images will be provided by Mike McSharry Photography and will be available to order within a few days of the event.

Scan the QR code for more information and to be informed when the galleries are ready.

The advertisement features a background image of a black hoodie and a blue t-shirt, both with the ISA logo and 'CROSS COUNTRY NATIONAL FINALS 2026' printed on them. A yellow starburst graphic in the top right corner says 'Lots of colours to choose from'. A yellow box on the right lists three steps: '1. CHOOSE A COLOUR', '2. CHOOSE A SIZE', and '3. CHOOSE YOUR LOGOS'. At the bottom, the ISA logo is followed by the text 'BESPOKE EVENT GARMENTS PRINTED WHILE YOU WAIT' and a description of the service. A QR code is also present in the bottom left of this section. A black bar at the very bottom contains the website 'www.finedesignsuk.com' and the phone number '01903 201068'.

**Lots of colours to choose from**

**1. CHOOSE A COLOUR**  
**2. CHOOSE A SIZE**  
**3. CHOOSE YOUR LOGOS**

**ISA**  
INDEPENDENT SCHOOLS ASSOCIATION

**BESPOKE EVENT GARMENTS PRINTED WHILE YOU WAIT**  
Fine Designs are delighted to be returning to the ISA Cross Country National Finals 2026 selling our range of bespoke commemorative t-shirts & hoodies.

As each print only takes a few seconds it means you can customise your own garment and we print while you wait. Choose from the front logo, the sheet of competitors' names and lots of additional sleeve options including flags, medals and slogans. Prices start from £21 for a t-shirt and £41 for a hoodie.

*\*Our online shop will be open straight after the event*

**www.finedesignsuk.com 01903 201068**



# SPORTS AND ACTIVITIES MANAGEMENT PLATFORM FOR YOUR SCHOOL

Helping **ISA** manage sport events since 2017



## About

Squad In Touch is a cloud-based web and mobile platform for schools.

Our platform provides tools helping manage school to home communication, sports, trips & activities.

With Squad In Touch your school can efficiently manage any types of activities whilst keeping all your school community up to date.

## Why Squad In Touch?

- ✓ Precisely tailored to your particular school needs, secure and GDPR compliant
- ✓ Dedicated support for all your school staff, parents and students
- ✓ Customised reports form, new features added based on your feedback
- ✓ Quick and easy to implement across whole school. Fair and affordable cost



## Features



### Sport

Manage all kinds of fixtures and competitions, add results and keep track of performance and achievements. Organise fun challenges and run house leagues. Share your success with the whole school community and keep everyone up to date.



### Clubs and Activities

Accept bookings and keep registers, manage waiting lists and get customised reports on attendance and participation across all subject areas. Share your comments and media, get parents and students automatically notified about any changes.



### Communication

Keep everyone instantly updated with built-in automatic notifications sent to staff, students and parents when there are any event changes. Send custom messages whenever you need from your mobile app. Public website and Big screen.



**SQUAD  
IN TOUCH**

# Sportswear Deals

We will be present on the day of both the ISA Cross Country and the Track & Field Championships with our mobile running shop for all your essential needs to compete.

Be it replacement cross country spike shoes, or pins, or some winter essential training items to ensure you stay warm and dry this winter and spring.

## Sportswear Deals

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View and purchase many of our exclusive Team GB items online at [britishmastersathletics.co.uk](http://britishmastersathletics.co.uk)

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**Use code ISAPR before March 31st for 15% OFF**