

National U15 Rugby Sevens Friday 3 March 2023 (TBC) Venue (TBC)

# **School Information Pack**

Registration: 10.00 – 10.30am Coach's Briefing: 10.30am Tournament Timings: 10.00am – 4.00pm

## **Competition Rules**

- 1. Games will be under Rugby Union Laws.
- 2. Game duration TBC
- 3. Each team consists of 12 players, any 7 to play. Rolling substitutions will be permitted.
- 4. Any player sent off will take no further part in the tournament.
- 5. All players must wear plain / school shorts. Players who take to the pitch wearing long tracksuit bottoms or replica football shorts will be asked to leave the field and will need to be replaced with a substitute.
- 6. Time spent in the Sin Bin will be 2 minutes.
- 7. 3 points will be awarded for a win, 1 point for a draw, 0 points for defeat. In the event of a tie within a group or between places for progression to the finals, the winners will be determined by:
  - a. highest points scored for
  - b. lowest points scored against
  - c. coin toss

In the event of a tie during the finals, the teams will change ends at 5-minute intervals until one team scores, declaring them the winners.

- 8. Each team must supply a referee where required and a touch judge for their matches.
- 9. Team managers should report on arrival.
- 10. Shelford Rugby Club cannot be held responsible for any loss or damage to personal property during the afternoon.

### Social Media

Please do tag us in any social media for the event @isasportUK or the hash tag #isasport or follow our Facebook page.

#### Etiquette

We know that the behaviour of ISA children is already excellent but please encourage your children to thank officials and other members of staff as without them, this opportunity would not be possible.

Spectators, Coaches and Players must always refrain from using any negative language. This event is designed to be a fun and enjoyable day for the participants so please respect this by remaining positive!

#### <u>First Aid</u>

There will be first aid cover provided on the day by Trident Medical and they will be clearly visible to you and spectators. You as staff will be responsible for initial contact with any injured player, followed by a signal/message to the first aiders if you require their expertise.

If you have any questions, then please do contact Emily Ward and Jordan Carter using the email below:

Emily Ward:	Jordan Carter:
ISA National Sports Officer	ISA National Sports Assistant
Direct: 01799 610 189	Direct: 01799 610 181
Mobile: 07842 767163	Mobile: 07842 767 165
Email: isasport@isaschools.org.uk	Email: isasport@isaschools.org.uk
ISA Office: 01799 523 619	ISA Office: 01799 523 619
Web: <u>www.isaschools.org.uk/sports</u>	Web: <u>www.isaschools.org.uk/sports</u>