

ISA Awards 2023 Case Study: Outstanding Sport (Small School)



BROOKE HOUSE COLLEGE

JUNE 2024



About the School

Brooke House College is committed to embedding our student learner values of creativity, curiosity, collaboration and care for all within a diverse, inclusive and vibrant global community. We are a small 11-19 boarding school from sixty nationalities and a non-selective intake. In 2010, we launched a Football Academy which has grown from twelve students to two hundred girls and boys. It is now an elite sports development academy with links to Loughborough University, consolidated by the launch of the Vector Programme (2022) to provide the opportunity for students to progress to a degree programme whilst maintaining their elite sports participation. We have a racing academy which enables elite Formula 3 and 4 drivers to continue their racing and receive a bespoke educational provision. All are supported by an innovative enrichment and new mentoring programme that incorporates physical development, skills acquisition and community participation.



Ian Smith
Principal

In 2023, the College represented England and the ISA at the International Sports Federation World Student Games, an IOC-accredited global celebration of youth sport and inclusive values. Brooke House was nominated following six national titles in schools' football achieved in the last twelve months. The Games are hosted in Rabat, Morocco. As the Principal, this, alongside our validation as a High Performance Learning (HPL) World Class school on 13th June 2023, represents a high point in our achievements in navigating through the most challenging of years.

This academic year we received accreditation as a High Performance Learning (HPL) World Class School at Warwick University and our mission is to translate high-performance sporting outcomes from the pitch to the classroom. Our HPL framework drives collegiate purpose, inclusion and a positive difference in the educational outcomes of every student. The College timetable was significantly changed, and a defined commitment to integrating pastoral care to put wellbeing are the core purpose. Every teacher is a co-mentor, providing coaching to cultivate continuous improvement and celebration of personal development.



*Brooke House boys
representing England with
Parkview School girls at the ISF
World Football Championship
hosted in Dalian, China
between 17th-27th May 2024.*

<https://brookehousecollege.co.uk>



In September 2022, we launched an inaugural Perform Better programme in collaboration with Sir Clive Woodward and 8BillionIdeas to help all our students develop the resilience and mentality to execute excellence in the moment, to self-regulate under pressure and manage expectations. Preparation for life, in the wider context of examinations, workplace interviews and the demands of balancing performance with a fulfilled and happy mindset.

Our educational philosophy is framed by a coaching and mentoring approach to inspire, encourage and empower every child. Our cohort is globally diverse and to complement the GCSE/A-level curriculum, we introduced Perspectives at KS3 and KS5 to embed internationalism and enquiry-based learning. Adapting the Sustainable Development Goals, students are offered a parallel curriculum to the core (KS3) and external A-level (KS5) to develop their passions and interests through projects in the creative arts, sports or enterprise/design contexts. The introduction of the Brooke House Olympiad this year created a House system based upon the Olympic rings and values, promoting competition, creativity and community collaboration across a variety of events, tournaments and activities.

Sport offers an aspirational and motivating environment to engage and empower. Our sports enrichment programme requires the all-round development of every child, the vast majority coming from every continent across the globe, so that the physical dimension of their development complements the intellectual and character growth. We are committed to our local community and every day the Football Academy is hosted on the 4G pitches at Market Harborough Football Club under the leadership of Lawrence Jones, Head of Lower Leagues and the Football Association and member of our Advisory Governance Board. Boys and girls play together every afternoon with training from UEFA coaches accredited to A, B and C under the oversight of the pro-licence, technical director.



The Football Academy has four key values that underpin every element of the programme - hard work, commitment, respect, and humility. These values are fundamental towards creating an inclusive, integrated, and diverse environment while providing opportunities for all students. The common goal across the College of 'education with football' is driven through High Performance Learning to integrate academic commitments and help support individual development, towards future pathways or opportunities. In essence, we focus on holistic development in a high-performance environment. In line with our age-specific coaching curriculum, defined by data management, performance analysis, physical and psychological testing, as well as nutrition, we want to stimulate learning in a challenging and supportive manner. The outcome of the successful implementation of our elite sports development programme has been achieving six national ESFA titles in twelve months.

Below is the link to the accreditation evidence submission made on 23 May 2023 detailing achievements across nineteen criteria. We were successfully accredited by our assessor Jane Gandee, Headmistress of St Swithun's, Winchester on 13 June 2023 and received our formal validation letter on 14th June 2023 from Professor Deborah Eyre, CEO and Founder of HPL.

<https://hplbrookehousecollege.blog/>



Each year, the College enters students for the Duke of Edinburgh Award facilitated by infectious motivated Community Lead Wylie Wright.

Year after year this has increased in popularity and we now offer Bronze, Silver and Gold to half the College cohort.

As part of a collaboration with Take Action Global, the College worked in partnership with the UN to promote sustainability initiatives related to the Sustainability Development Goals.

Our focus is inclusion, diversity and access to sports (football) linked to SDGs. In September 2023, the Principal represented the College at the UN General Assembly in New York accompanied by England captain Leah Williamson who spoke at the event in the SDG Pavillion.

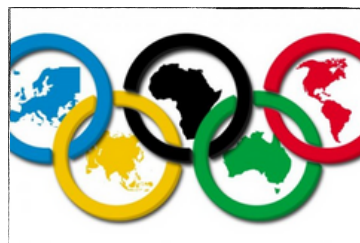
In September, we attended the UN General Assembly with Dr Jennifer Williams, Founder of Take Action Global. As part of Climate Action Day in November, the College participated in the global live stream from Market Harborough Football Club promoting sustainability in sport – The World Needs a Halftime Talk



HALFTIME

FOR THE SUSTAINABLE DEVELOPMENT GOALS

2016 - 2030



NEXT STEPS

A challenge for how to succeed in any field: develop broad interests and skills whilst accepting the need to specialize and commit to meaningful, purposeful and relentless practice. David Epstein examined the world's most successful athletes, artists, musicians, inventors, forecasters and scientists. He discovered that in many fields – especially those that are complex and unpredictable – generalists as much as specialists excel. Yet, elite sport requires the dedication that our Football Academy provides to coach the high-performance development needed to thrive. We believe that enabling dedicated time to concentrate on the football performance track and a complementary educational pathway will enable a more creative, more agile, and more rewarding experience for our students. At Brooke House from September 2024, we will implement a new high-performance talent development programme called **Without Walls**.

In the Autumn and Spring Terms, two tracks of high-performance development have been designed – the first half term is dedicated to academic lessons with sport-related enrichment and in the second half term the focus will be an immersive football programme, complemented by holistic assessments, practicals and tutorials.

High-performance programmes for nutrition, resilience and coaching will be tailored to the individual to prepare students for a career in elite sport. Bespoke success mentoring and individual performance profiles will provide constant monitoring, intervention and review.

The design supports and challenges students to prepare for global career opportunities, particularly related to the expanding industry of football and elite sports. Flexible and innovative, it will emphasise foundational literacies of Maths, English and Science. Developing skills and competencies across Physical Education, Business Enterprise and Marketing, and the Arts, Design & Digital media. At every stage, building a portfolio of character qualities from elite sports development, enhanced communication skills and informed by wider personal interests and passions.

The 2023 WEF report, The Future of Jobs, emphasises the importance of helping children to become the next generation of global problem solvers **`who innovate as technologists, think as entrepreneurs, and act as social change agents`**. To prepare our students for the future, they need skills to adapt and the opportunities to hone their talents through dedicated time, specialised coaching and an environment that is inspiring, motivating and caring. Students engaged in lifelong learning will access content and develop their understanding through multiple platforms. Our international cohort of over sixty countries requires that we provide flexible and adaptive learning experiences. Elite athletes often have to participate in extended tournaments, attend trials or adapt to injuries.

Elements of Learning Without Walls will blend face-to-face with online access, cultivating independent thinking and judgement needs students to take risks, adapt to complexity and face challenges. Blended learning has the great advantage of being able to customize the teaching approach according to students' needs, exceeding the limits of the 'one-size-fits-all' education methods that are adapted just to some individuals inside a classroom. Whilst teacher instruction is privileged, in person or online, through synchronous engagement. Students can collaborate online beyond the walls of the classroom, sensitive to time zones and inspired by bespoke webinars and project-based learning challenges that provoke innovation, critical reflection and design thinking.



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