

# National Athletics Finals

Alexander Stadium, Birmingham

Monday 15 June 2026

Sponsored by



SURRIDGE SPORT

ISA  
SPORT



Artwork by Frankie  
from Meoncross School

## ISA Welcome

On behalf of the Independent Schools Association, welcome to the Alexander Stadium in Birmingham. We are incredibly excited to welcome competitors, parents, staff, visitors, and officials back to this prestigious venue which recently played host to the largest Commonwealth Games ever held.

Each of the seven ISA regions - North, Midlands, East Anglia, London North, London West, London South and South West have held their own area athletics meetings prior to arriving here today, so all the competitors have already achieved a significant feat through their qualification for this event. The event, now in its 62nd year, is the highlight of the season for many of our competitors. We owe a big thank you to all the regional event organisers who voluntarily spent their time and worked hard to ensure the qualifiers ran smoothly and successfully.

Staging these championships takes a great deal of organisation and cooperation. We are very grateful to all officials and volunteers for their contributions leading up to and on the day. Without officials, none of the events would take place in such a well organised and safe manner. Thank you to all the teaching staff who support athletics in their schools, preparing and coaching their athletes.

Thank you to our event sponsor, SurrIDGE Sport, which provides high-quality PE kits for schools. More information can be found on the back page of this programme. We would also like to thank the Melanoma Fund for providing prizes at the podium and raising awareness of the importance of sun safety. Information regarding their free Sunguarding® Schools lesson plan can be found on page 12 and 13 of this programme.

One final big thank you, to Gwil Price, Competition Director and ISA Sport Ambassador who commits hours upon hours of his own time to ensure the event runs smoothly. Gwil is instrumental in the planning process, and this event could not run without him.

Although there can only be one winner in each event, whatever the result, every athlete can leave today feeling that they have achieved something great. Good luck to everyone and thank you for supporting the ISA National Athletics Finals at the Alexander Stadium.

ISA Sport

## Area Information

Area	Team Manager	Colour
London South	Graham Herbert	Red
Midlands	Sarah Dicksee/Neil McCollin	Black
South West	Simon Ward	Green
East Anglia	Marc Holland	Orange
London North	Sophie Martin	Yellow
North	Nick McMahon	Blue
London West	Jo Cox / Russ Bolton	Sky Blue

## Event Details

### Food and Drink

Food and drink may be brought into the venue by competitors and spectators. Food kiosks can be located on the map on page 6 and 7. Kiosks are CARD ONLY.

### Changing and Toilet Facilities

Changing facilities are located trackside underneath the Area stands. Toilets are located either side of the main entrance. See map for more detail.

### Spectators

There is ample seating available on the right-hand side of the West stand as you enter the stadium. SPECTATORS ARE NOT ALLOWED ONTO THE TRACK OR INTO THE AREA STANDS.

### Marshalling Areas

There are two marshalling areas located in the North stand, one for track events and one for field. See map for more detail.

### Rules

- Full English Schools Athletics rules apply to this event.
- All competitors must qualify via their area event to compete at the National Finals.
- Each area may enter one athlete for each event, except for the 600m, 800m and 1500m where two per area are allowed.
- Competitors may enter a maximum of two individual events and one relay.
- Competitors may only compete in events for which they qualify by age and not school year.
- Competitors may only compete in events in one age group.
- Competitors will be allowed four attempts at each field event.
- All track races are straight finals.

### Scoring

All events will be scored as follows:

1st - 7 points | 2nd - 6 points | 3rd - 5 points | 4th - 4 points | 5th - 3 points | 6th - 2 points | 7th - 1 point



## Event Staff

<b>Meeting Organisers</b> <b>Competition Director</b>	Emily Ward and Neave Wilson (ISA) Gwil Price MBE
<b>Announcer</b> <b>GB Athlete</b> <b>Presentations</b>	Keith Stevens Alex Bell Rudi Elliott Lockhart (ISA CEO) Lawrence Collins (ISA VIP), John Price (ISA VIP)
<b>ISA Staff</b>	Alex Glendinning, Hannah Lovegrove Champion, Joe Tomkins
<b>Start Coordinator</b> <b>Starters</b> <b>Chief Starters Assistant</b> <b>Starters Assistants</b>	Yasmine Al-Daftary Bob Cooper, Peter Shilling, Keith Weetman Wendy Kane Kate Hotchkiss, Geoff Lowry
<b>Chief Photo Finish</b> <b>Photo Finish</b>	Mark Delgado Ian Anholm, Jonathan Firth, Adie Pottinger, Ann Thatcher, Darren Williams
<b>Chief Timekeeper</b> <b>Timekeepers</b>	Steve Webb Margaret Afford, Pete Afford, Pam Bungay, Graham Bungay, Ashley Burrridge, Miriam Dorrity, Alan Edwards, Paul Hayes, Liz Hinds, John Vickers
<b>Track Referee</b> <b>Chief Track Judge</b> <b>Track Judges</b>	Barry Dorrity Charles Bromley Gardner Tamicka Campbell, Vinay Joshi, Matthew Lythell, Denise Von Roretz, James Terry, Sarah Urwin-Mann, Jason Wyatt
<b>Track Marshalls</b>	Stuart Paul, Kenny Ebanks, Tali Scoltock
<b>Field Referee</b> <b>Assistant Field Referee</b> <b>Field Officials</b>	Sally Delgado Lennon McKenzie Sue Alvey, David Ashbourne, Chris Blyth, Debbie Brooks, Jill Burke, Mark Burke, Richard Cotham, Karen Davies, Colin Fox, Mark Fraser, Sandy Green, Mary Hodges, John Hotchkiss, Andy Hulse, Jean Jackson, Mike Jackson, Viv Jones, Peter Lever, Sandra Littler, Dave Lodwick, Cath McGrath, Dominic McNeillis, Kwadwo Mensah, John Murray, Neil Munroe, Kate Nash, Dave Owens, Calvin Scoltock, Aryan Sinha, Ian Willoughby
<b>Volunteer Coordinator</b> <b>Student Volunteers</b>	Manola Restivo St John's Prep & Senior School, Lichfield Cathedral School
<b>Results</b> <b>Medical</b>	Squad in Touch / Roster Medical Solutions GB

## Alex Bell

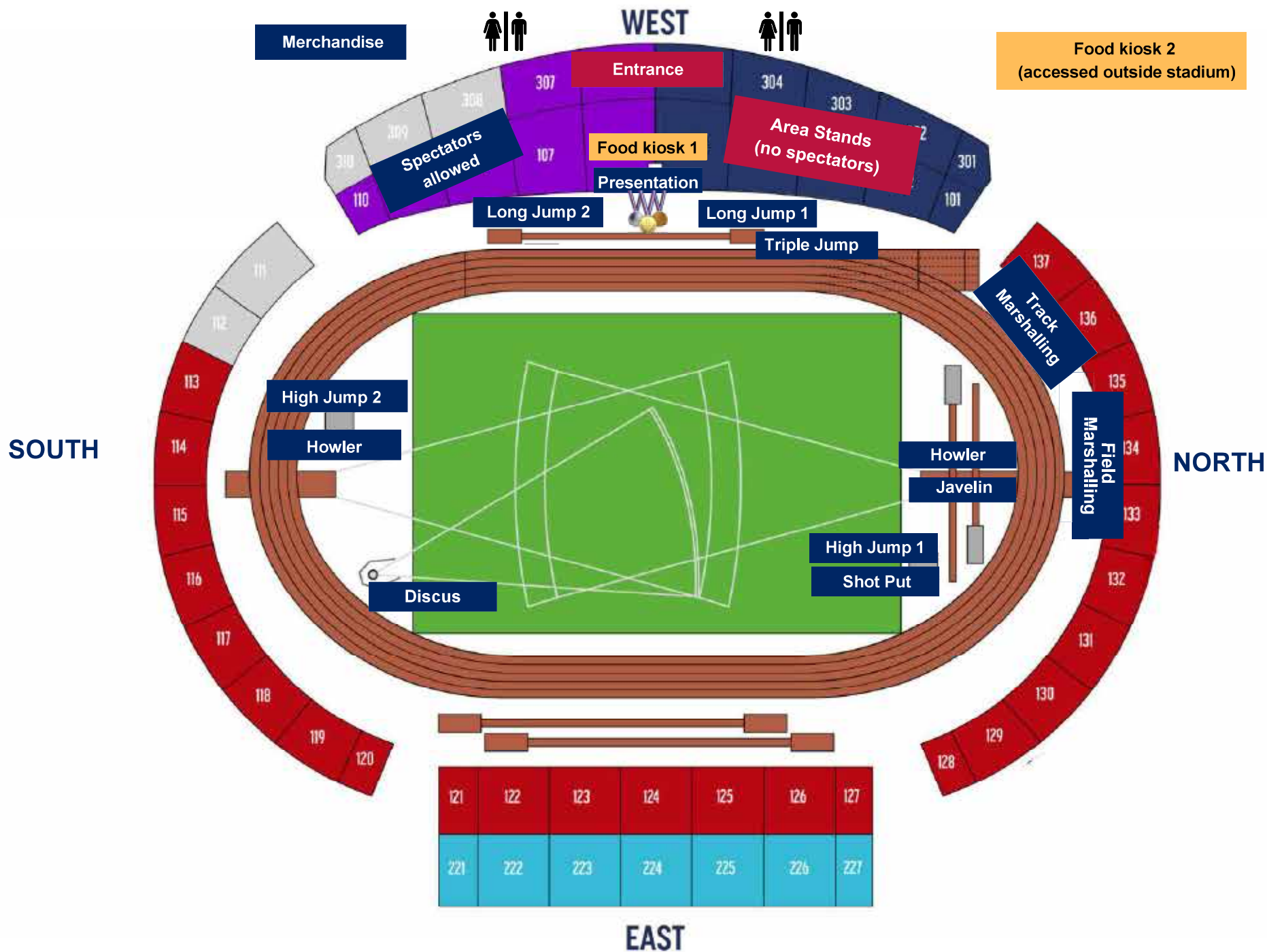
### Guest GB athlete at this year's event!

- Olympic 800m finalist in Tokyo
- 7th fastest all time 800m
- UK record holder in the road mile
- 2 x Commonwealth finalist
- European finalist
- 2 x European XC champion
- First British woman to break 2 minutes for the 800m in an all-female race

Follow Alexandra Bell on X (@alexbell92)

Look out for Alex Bell at the podium!





## Track Timetable & Records

Time	Event	Age Groups	Record	Athlete	Area	Year
12.00	T1	1500m	4.36.26	E.SCOTT	LS	2017
12.08	T2	110m hdls	NEW			
12.11	T3	1500m	4.58.85	A.KING	EA	2023
12.20	T4	100m hdls	NEW			
12.24	T5	1500m	3.59.0	H.DIXSON	LW	2009
12.32	T6	100m hdls	NEW			
12.35	T7	1500m	4.30.85	A.JAMES	LS	2024
12.42	T8	80m hdls	NEW			
12.45	T9	1500m	4.18.86	F.FERMAN	EA	2025
12.52	T10	80m hdls	NEW			
12.54	T11	1500m	4.33.84	H.WOODLEY	EA	2025
1.02	T12	80m hdls	NEW DIS			
1.05	T13	75m hdls	NEW			
1.10	T14	75m hdls	NEW DIS			
1.20	T15	400m	50.38	BEN B	M	2019
1.24	T16	300m	37.19	BEN. B	M	2018
1.28	T17	300m	40.54	MIA W.	N	2022
1.32	T18	300m	42.07	J.JEFFRIES	M	2023
1.42	T19	60m	8.70	E.TOWNSEND	LW	2013
1.45	T20	60m	8.60	F.POWELL	M	2015
1.48	T21	75m	10.80	J.SAWYER	M	2004
1.51	T22	75m	10.30	D.TEWOGBADE	EA	2014
1.55	T23	80m	10.30	E.EKE	EA	2006
1.58	T24	80m	10.10	R.MORRISSEY	EA	2003
2.08	T25	60m	10.40	F.NORTH	M	2025
2.10	T26	100m	13.63	H.TOMLINSON	LN	2025
2.13	T27	100m	13.00	G.PEARSON	LW	2013
2.16	T28	100m	12.30	K.OWUNSUMANTY	LW	2010
2.19	T29	100m	12.30	A.AJAKAYE	LN	2024
2.22	T30	100m	11.40	M.CHANT	LW	2011
2.25	T31	100m	12.40	G.McCOLLIN	M	2024
2.28	T32	100m	11.00	E.SMITH	LW	2005
2.35	T33	600m	1.53.68	P.DYSON	M	2025
2.40	T34	600m	1.50.7	JACK D	LS	2019
2.45	T35	600m	1.50.0	HANNAH L	LW	2019
2.50	T36	600m	1.44.00	S.PALMER	M	2023
2.55	T37	600m	1.44.49	A.MCHALE	N	2017
3.00	T38	600m	1.40.2	S.PALMER	M	2024
3.06	T39	800m	2.24.76	I.KETTLE	SW	2025
3.11	T40	800m	2.17.9	B.LEE	N	2013
3.16	T41	800m	2.15.25	A.KING	EA	2025
3.21	T42	800m	2.04.7	K.HAMILTON	SW	2004
3.26	T43	800m	2.11.87	B.TAYLOR	EA	2024
3.31	T44	800m	1.57.50	M.POINTON	LW	2025
3.38	T45	150m	20.99	E.LEWIS	EA	2025
3.42	T46	150m	21.00	N.LYNCH	M	2004
3.46	T47	150m	20.10	J.CRAWFORD	M	2009
3.50	T48	150m	18.97	JAMES B	LS	2019
4.04	T49	200m	27.01	E.WEBB	M	2024
4.08	T50	200m	24.20	H.TOBIAS	LN	2003
4.12	T51	200m	25.50			
4.16	T52	200m	23.51	BEN H	M	2019
4.20	T53	200m	25.20	A.GRIFFITHS	M	2009
4.24	T54	200m	22.30	H.TOBIAS	LN	2003
5.00	T55	4 x 100m	1.01.74	LONDON WEST	LW	2025
	T56	4 x 100m	1.01.51	LONDON WEST	LW	2018
5.08	T57	4 x 100m	1.00.3	LONDON NORTH	LN	2025
	T58	4 x 100m	0.59.00	NORTH	N	2023
5.15	T59	4 x 100m	0.57.02	NORTH	N	2023
	T60	4 x 100m	0.54.86	NORTH	N	2025
5.25	T61	4 x 100m	55.40	NORTH	N	2011
	T62	4 x 100m	52.86	EAST ANGLIA	EA	2023
5.35	T63	4 x 100m	49.80	NORTH	N	2001
	T64	4 x 100m	45.90	LONDON NORTH	LN	2006
5.40	T65	4 x 100m	52.20	MIDLANDS	M	2002
	T66	4 x 100m	45.74	LONDON NORTH	LN	2018

FINAL PRESENTATIONS

## Field Timetable & Records

Time	Event	Age Group	Site	Record	Athlete	Area	Year	
11.20	F1	Shot	Mixed Para	North	6.57	H.TOMLINSON	LN	2025
	F2	Howler	Year 5 Girls	Dis end	33.22	M.SAUNDERS	LW	2025
	F3	Howler	Year 5 Boys	Jav end	41.73	O.GALLIMORE	LS	2025
	F4	Long Jump	Year 6 Boys	Pit 2 S	4.82			
	F5	Triple Jump	Year 9 Boys	Pit 1 N	12.56	SCHEAH	LW	2013
12.00	F6	Shot	Years 8/9 Boys	North	13.45	OAKSINOGLU	LN	2013
	F7	Howler	Years 4 Boys	Jav end	10.14	W.HUDSON	M	2025
	F8	High Jump	Years 8/9 Girls	HJ1	1.62	H.TAPLEY	M	2013
	F9	Long Jump	Year 5 Girls	PIT 2 S	4.30	FLORENCE C	EA	2019
	F10	Discus	Years 10/11 Girls	Cage	37.6			
	F11	High Jump	Year 7 Girls	HJ2	1.51m	ASCALE	LS	2023
	F12	Triple Jump	Year 10/11 Boys	Pit 1 N	13.43			
12.40	F13	Discus	Year 7 Boys	Cage	35.48	AOSHODI	LN	2004
	F14	Javelin	Years 7 Girls	Javelin	41.66	HANNAHL	M	2018
	F15	Triple Jump	Years 10/11 Girls	Pit 1 N	10.43	ERAYER	LW	2013
	F16	Long Jump	Year 4 Girls	Pit 2 S	4.13	MIAF	LW	2019
	F17	Shot	Year 6 Girls	North	7.89	ADUCE	N	2008
1.20	F18	Shot	Years 8/9 Girls	North	12.21	SWINCENT	LW	2018
	F19	High Jump	Years 8/9 Boys	HJ1	1.80m	BPRITCHARD	LW	2009
	F20	Discus	Years 10/11 Boys	Cage	48.85	BHAWES	LS	2017
	F21	Long Jump	Year 7 Girls	Pit 2 S	5.42	AWILLIAMS	N	2015
	F22	High Jump	Year 6 Boys	HJ2	1.47	JDRALINGTON	LN	2016
	F23	Javelin	Year 7 Boys	Javelin	40.32	JDINES	EA	2024
2.00	F24	Long Jump	Years 4 Boys	Pit 1	4.14	JOSEPHIM	LW	2019
	F25	Discus	Years 8/9 Boys	Cage	43.09	HDAVIES	SW	2017
	F26	Shot	Year 7 Boys	North	12.36	A.HORSBURGH	LS	2025
	F27	Javelin	Years 8/9 Girls	Javelin	38.42	THAMPLETT	M	2015
2.40	F28	High Jump	Year 6 Girls	HJ2	1.40	SWILLIAMS	LW	2015
	F29	Long Jump	Year 5 Boys	Pit 2 S	4.32	BLACKWELL/POLAND	EA	2011
	F30	Howler	Year 4 Girls	Disc End	29.15	E.BROOK	EA	2025
	F31	High Jump	Years 10/11 Boys	HJ1	2.00	JJOHNSTON	N	2008
	F32	Shot	Years 10/11 Girls	North	15.91	SERENA V	LW	2018
	F33	Javelin	Year 8/9 Boys	Javelin	50.89m	ABRYANT	LW	2004
	F34	Long Jump	Mixed Para	Pit 1 N	NEW			
3.20	F35	Long Jump	Years 8/9 Girls	Pit 2 S	5.55	RACHELO	LW	2018
	F36	Long Jump	Years 10/11 Girls	Pit 1 N	5.97m	HBOLDEN	LW	2015
	F37	Howler	Year 6 Girls	Jav end	38.82	P.SNODGRASS	M	2025
	F38	Howler	Mixed Para	TBC	23.33	JLANE	M	2025
	F39	Shot	Years 10/11 Boys	North	17.19			
	F40	Howler	Year 6 Boys	Disc end	50.91	A.DAVIES	N	2025
4.00	F41	Discus	Year 7 Girls	Cage	29.96	ELIEM	LW	2019
	F42	Long Jump	Year 6 Girls	Pit 2 S	7 h ef	AWILLIAMS	N	2009
	F43	High Jump	Years 7 Boys	HJ1	1.56			2013
	F44	Shot	Year 6 Boys	North	9.96	MNWANKWO	LN	2015
	F45	Long Jump	Year 7 Boys	Pit 1 N	5.18	SCHEAH	LW	2011
	F46	Javelin	Year 10/11 Boys	Javelin	64.22	JCAMPBELL	M	2004
	F47	High Jump	Years 10/11 Girls	HJ2	1.65	HTAPLEY/SHINE	M	2014
4.40	F48	Long Jump	Years 8/9 Boys	Pit 2 S	5.95			
	F49	Shot	Year 7 Girls	North	9.61	POPPY T	M	2019
	F50	Discus	Years 8/9 Girls	Cage	29.11	CLAUDI AK	LW	2019
	F51	Javelin	Years 10/11 Girls	Javelin	39.58	REHAMPLETT	M	2013
	F52	Long Jump	Year 10/11 Boys	Pit 1 N	6.69	JCHUYNE	N	2025
NOTE	LJ	PIT 1 NORTH	FACING	START	100m			
	LJ	PIT 2 SOUTH	FACING	FINISH	LINE			
		SHOT NORTH CIRCLE						

PLEASE NOTE: ANY RELAY RUNNERS IN 4.40pm FIELD EVENTS MUST STAY WITH FIELD EVENT UNTIL COMPLETION OF EVENT. PLEASE INFORM FELLOW 4 x 100m RUNNERS THAT YOU WILL REPORT WHEN YOUR EVENT HAS FINISHED.

INEVITABLY THERE WILL BE A CLASH OF EVENTS FOR A FEW ATHLETES. FIELD OFFICIALS WILL NOT RE-OPEN A ROUND FOR A MISSING ATHLETE --- IF AN ATHLETE IS COMPLETING A FIELD EVENT AND IS CALLED TO REGISTER FOR A TRACK EVENT THEY MUST INFORM THE FIELD OFFICIAL.

PLEASE NOTE : RELAY CALL UP: YEAR 4 - 4.30pm / YEAR 5 - 4.40pm / YEAR 6 - 4.45pm  
ALL REPORT TO NORTH STAND YEAR 7 - 5.10pm / YEARS 8/9 - 5.15pm / YEARS 10/11 5.20pm  
TRACK MARSHALLING AREA - PLEASE WAIT FOR ANNOUNCER TO CALL UP

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### BESPOKE EVENT GARMENTS PRINTED WHILE YOU WAIT

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## Sun and heat protection for sports and outdoor recreation

Free one-hour online CPD for sport and outdoor professionals

The Sunguarding course equips PE teachers and sports coaches with the skills to plan and deliver sun-safe outdoor sessions.

### Why this matters

- Recognising and managing UV & heat risk is part of professional duty of care
- Skin cancer is the most common cancer in the UK
- Childhood sunburn increases melanoma risk later in life

### What the course covers

- Understanding UV and heat risk in outdoor activity
- Using the UV Index to guide safe decisions
- Practical protection strategies and modelling sun-safe behaviour

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## Sun safety education for primary schools

### Free PSHE Association Quality Marked lesson for KS2

Children receive some of their highest UV exposure during school sport and outdoor play. The Sunguarding lesson teaches pupils what UV radiation is, the importance of the UV Index, and how, when and why to protect their skin when it matters most.

### What teachers receive

- Ready-to-teach KS2 lesson plan
- Classroom slides and pupil activities
- Teacher guidance notes
- Interactive learning resources

Scan to  
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free KS2 lesson



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# ISA AWARDS

As an ISA Member, we want you to celebrate your success with the ISA Awards.

The Awards allow you to promote your achievements to your fellow ISA schools, prospective parents and the wider community.



**DEADLINE: 23 JULY 2026**



- All sports supported from swimming & athletics to football & badminton
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- Various formats intra- & inter-school fixtures, house competitions, tournaments & leagues
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### Offering seamless online ordering for parents.

The best schools provide a smooth e-commerce experience, removing administrative burden from staff and making kit purchasing simple and convenient.

### Reliable stock availability year-round.

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## Want to learn more about what Surridge Sport offer?



Macey Logan



07801507796



[macey.logan@sdlgrouppltd.com](mailto:macey.logan@sdlgrouppltd.com)

