



## LUCTON SCHOOL MEDICAL & SAFEGUARDING RISK ASSESSMENT – ISA TRIATHLON 2 MAY 2019

School Area / Activity: <b>Luton School / Swimming Pool / Surrounding School Land          Triathlon – Swim / Cycle / Run</b>	Assessor: <b>Richard Brown – Operations Manager</b>
Date: <b>Monday 15 April 2019</b>	Signature:

**At registration schools' will be asked to sign to say that they have read and understand the risk assessments for this event and that they are ultimately responsible for the students from their school – both participants and spectators**

What is the hazard?	Who might be harmed?	How might people be harmed?	Existing risk control measures	Risk rating			Additional controls	New risk rating (residual)			Action / monitored by whom?	Action / monitored by when?
				L	C	R		L	C	R		
Slips, trips and falls due to uneven terrain	Competitors, spectators, visitors walking about	Muscular Skeletal Disorders (MSD)	Wearing of the correct footwear and briefing on the day	4	2	8	Send this RA to schools prior to the event to highlight the risks that runners may encounter and ensure all competitors have suitable running shoes	3	2	6	Richard Brown – Operations Manager	Prior to the event start.
Sprains and strains due to not warming up correctly, excessive exertion or not cooling down correctly	Competitors	MSD	Warm up prior to the event and cool down post event	4	2	8	Send this RA to schools prior to the event to highlight the risks that runners may encounter and ensure all competitors have time to warm up prior to and cool down after the event	3	2	6	Richard Brown – Operations Manager	Prior to the event start.

Wet weather	Runners and spectators	Non-freezing Cold Injury (NFCI)	Wear appropriate clothing	4	2	8	Ensure runners have extra clothing to wear prior and after the event. Hot drinks will be supplied by Lucton School	2	2	4	Richard Brown – Operations Manager	Prior to the event starting and during the event taking place.
Over heating	Runners	Wearing too many layers while running. Not being hydrated enough prior to race.	School staff to ensure the correct clothing is worn	4	3	12	Send this RA to schools prior to the event to highlight the risks that runners may encounter and ensure all competitors have the correct clothing on the start line	2	3	6	Graham Muckalt – Director of Sport	Prior to the event start.
Ailments: Asthma – bought on by cold / wet weather or over exertion	Runners	Asthma attack	Sufferers should carry own inhalers	4	4	16	School staff should ensure that all children with ailments bring their own medication to the event and have it readily available.	1	4	4	Individual schools' responsibility for their competitors	Throughout
Ailments: Diabetes: Hyperglycaemia Hypoglycaemia	Competitors	Lethargy Fainting Coma	Sufferers should carry their own medication and monitoring equipment if required	2	4	8	School staff should ensure that all children with ailments bring their own medication to the event and have it readily available	1	4	4	Individual schools' responsibility for their competitors	Throughout
Dangerous Areas, i.e. Maintenance Workshops etc. Slips, trips, falls	Runners, spectators, visitors	MSD, Other minor injuries – abrasions etc.	Brief visitors to stick to the cross country course and not to wander	3	4	12	Send this RA to schools prior to the event to highlight the risks that visitors could encounter if wandering about in the wrong areas – stick to the main school areas and cross country course	1	4	4	Richard Brown – Operations Manager	Throughout

Lack of First Aid provision	Runners, spectators, visitors	Various: MSD Abrasions, cuts etc.	First Aid personnel on site	4	3	12	There will be three first aid stations during the event – two out on the course and one main station at the close to the finish point	1	3	3	Craig Derrigan – OC CCF	Throughout
Extreme weather change on the day, i.e. downpour of rain	Runners, spectators, visitors	NFCI	Wear appropriate clothing	4	3	12	If required carry out a Dynamic Risk Assessment prior to the event and call a halt to the proceedings if deemed necessary.	1	3	3	Richard Brown – Operations Manager & Graham Muckalt – Director of Sport	Throughout
Poolside equipment causing slips, trips and falls	Competitors	MSD  Grazes from falling	Remove the equipment prior to the event and stow away correctly	1	3	3	Brief competitors to avoid any obstacles on poolside	1	3	3	Mark Warren	Prior to the event start
Pool steps  Collision with in pool	Competitors	MSD	Remove the equipment prior to the event and stow away correctly	1	3	3	No further action	1	3	3	Mark Warren	Prior the event start
Fire evacuation	Competitors Staff Visitors Spectators	Burns  Smoke inhalation  Drowning if falling in pool	The life guards are aware of their responsibilities during a fire event	1	4	4	Brief competitors, visitors and spectators on the procedure	1	4	4	Mark Warren & Life Guards	Throughout

Drowning	Competitors	Competitors should not enter unless suitably qualified		1	4	4	Brief competitors, visitors and spectators on the procedure	1	4	4	Mark Warren & Life Guards	Throughout
	Staff	Staff should stay away from the pool if not required										

Head of Establishment: <b>Mrs. G Thorne – Head Teacher</b>	Signature:
Review Date: <b>Wednesday Thursday 2 May 2019</b>	Dynamic Risk Assessment Required:  Yes / No
At registration schools' will be asked to sign to say that they have read and understand the risk assessments for this event and that they are ultimately responsible for the students from their school – both participants and spectators.	Event Going Ahead:  Yes / No

**Risk = Likelihood X Consequence**

4	4	8	12	16
3	3	6	9	12
2	2	4	6	8
1	1	2	3	4
	1	2	3	4

Consequence		Likelihood	
1	First Aid up to 7 days	1	Once in 100years or less
2	7 days +	2	>100years, <10 years
3	Single death or permanent disablement	3	>10years, < 1 year
4	Multiple fatalities	4	More than once a year

